

## Treatment Plan Review

Facility Name: 15 Rochester PC  
Unit / Ward: 58 RFU/058/PRP  
Admission Screening Date: 05/23/2003

Patient's Name: SAUNDERS, KEVIN E  
Case Number: 85274  
DOB: 05/01/1956 Gender: Male

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Strength Number: 1

Strength: Functioning prior to illness onset (premorbid history)

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Goal Number: 1 Date Established: 08/27/2003 Status: New Entry Status Date: 08/27/2003

Goal: Kevin Saunders will show improvement in psychiatric symptoms and behavior, enabling successful transition to a civil hospital setting.

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Objective Number: 1.1 Date Established: 12/22/2003 Status: Discontinued Status Date: 12/22/2003

Target Date: 12/28/2003

Objective: The patient will show improved insight in his mental illness as evidenced by full acceptance of treatment and better comprehension of the course of his illness for the following 8 weeks.

[Complete only for Treatment Plan Review]

Summary of Progress: the patient has shown improvement in his treatment acceptance and now is taking prescribed medications. He is exhibiting stability in thoughts, lack of tangential thinking, and no irritability.

Rationale for change or continuation of objective/method: The pt has progressed but continues to have a fixed delusional system. Benefit may be obtained from increased medication.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

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Objective Number: 1.2 Date Established: 12/22/2003 Status: New Entry Status Date: 12/22/2003

Target Date: 02/22/2004

Objective: Over the next 60 days, Mr. Saunders will show an improvement in cognitive/thinking processes, as evidenced by a 1-point reduction, from 3 to 2, in the PANSS item of Lack of judgment and insight.

[Complete only for Treatment Plan Review]

Summary of Progress:

During this past reporting period, Mr. Saunders has shown consistent improvement and is more accepting of treatment and demonstrated an increased understanding of the course of his mental illness, thereby warranting a change from the previous objective.

Rationale for change or continuation of objective/method:

Mr. Saunders has benefited from the change in medication and is more responsive to current treatment intervention strategies, as well as the PEM behavioral system currently being utilized. This current approach has resulted in an improved understanding of his mental illness and an improved prognosis.

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DOB: 05/01/1956 Gender: Male

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

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Method Number: 1.2.1

Method: The patient will meet with Igor Kashtan, MD for 30 minutes per week. Dr. Kashtan will prescribe and gradually increase dosage of Risperidone for the patient's psychotic symptoms and will discuss with the patient the need for continuous treatment.

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Problem/Issue # 2 Priority: NoneDisposition: Treat

Problem: Unawareness of psychiatric illness/treatment adherence issues (also Med side effects)

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Problem/Issue # 3 Priority: NoneDisposition: Treat

Problem: MICA issues (denial, need for psycho education, support group involvement, etc.)

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Strength Number: 1

Strength: Functioning prior to illness onset (premorbid history)

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Strength Number: 2

Strength: Job, work, vocational achievements and abilities

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Goal Number: 2 Date Established: 12/22/2003 Status: Discontinued Status Date: 12/22/2003

Goal: The patient will better comprehend and recognize his prodromal signs of psychosis, for example, insomnia, pacing, anxiety, and increased irritability.

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Patient's Name: SAUNDERS, KEVIN E  
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DOB: 05/01/1956 Gender: Male

Objective Number: 2.1 Date Established: 12/22/2003 Status: Discontinued Status Date: 12/22/2003

Target Date: 02/22/2004

Objective: Over the next 60 days, Kevin will show greater understanding of psychiatric illness and the need for prescribed treatments as evidenced by an increase in positive interactions with staff regarding judgment and insight, during group and individual activities/sessions.

[Complete only for Treatment Plan Review]

Summary of Progress: Mr Saunders is progressing in this area and has shown some increase in insight. He continues to need psychoeducation in the area of mental illness and the need for prescribed medications. He has limited insight into his own prodromal symptoms and also should have ongoing psychoeducation into that area also.

Rationale for change or continuation of objective/method: Improvement is obvious and further improvement is needed.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

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Objective Number: 2.2 Date Established: 08/28/2003 Status: Discontinued Status Date: 10/27/2003

Target Date: 12/27/2003

Objective: Kevin will participate actively in all MICA groups offered for during the next 8 weeks with an emphasis on listening to others opinions and facts related to THC use and abuse.

[Complete only for Treatment Plan Review]

Summary of Progress: The patient is now attending MICA groups and is participating. He as of the middle of September had been refusing MICA groups. Thus, this objective can continue for 8 weeks.

Rationale for change or continuation of objective/method:

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

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Problem/Issue # 2 Priority: NoneDisposition: Treat

Problem: Unawareness of psychiatric illness/treatment adherence issues (also Med side effects)

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Strength Number: 1

Strength: Functioning prior to illness onset (premorbid history)

\*\*\*\*\*

Strength Number: 2

Strength: Job, work, vocational achievements and abilities

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DOB: 05/01/1956 Gender: Male

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Goal Number: 3 Date Established: 12/22/2003 Status: New Entry Status Date: 12/22/2003

Goal: Mr. Saunders will exhibit an increased awareness of psychiatric illness and greater illness self-management (including coping skills needed for ongoing or recurring symptoms, identification of early warning signs of relapse), enabling successful transition to a Civil setting and optimizing progress toward recovery.

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Objective Number: 3.1 Date Established: 12/22/2003 Status: New Entry Status Date: 12/22/2003

Target Date: 02/22/2004

Objective: Mr. Saunders will show an improvement in cognitive/thinking processes, as evidenced by a 1-point reduction, from a 3 to 2, in the PANSS item of Lack of judgment and insight, over the next 60 days.

[Complete only for Treatment Plan Review]

Summary of Progress:

Mr. Saunders has made progress to the point where he has increased insight into his mental illness and the ongoing need for prescribed treatments. His need for psychoeducation and prescribed medications remains unchanged and will continue to be addressed in the next objective. He is receptive to direction from his Treatment Team and has expressed a willingness to work with them.

Rationale for change or continuation of objective/method:

Mr. Saunders still requires a deeper understanding of the signs and symptoms of his mental illness and the role of his medication in his continued pursuit of stability and rehabilitation. Additionally, during this next reporting period, there will be an emphasis placed on strengthening his understanding of the significance of social supports and their effect on successful rehabilitation.

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

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Method Number: 3.1.1

Method: Utilizing PEM intervention strategies and techniques, P. Whiteford Sr. OTR/L, L. Kotwas RT, S. Seymour Sr. OTR, K. Scheibel RCII, D. Lewthwaite RCI, and R. Watson RA will encourage and monitor participation with the aim of educating the patient in developing alternatives to substance abuse and to support behavioral control, improve social interaction skills and improve leisure interest base. Total of 13.5 hours per week of scheduled programming:

Arts & Crafts 1hr/wk	Current events 1hr/wk
Board Games 1 hr/wk	Community Meeting .5 hr/wk
Ceramics 1hr/wk	Chemical Dependency 1hr/wk
MICA Education 1hr/wk	Self Esteem 1hr/wk
Level III Lunch 1hr/wk	Intro To Anger Management 1hr/wk
Movement Therapy 1hr/wk	Intro To MICA 1hr/wk
Coping Skills 1hr/wk	



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## Method Number: 3.1.2

Method: Utilizing PEM intervention strategies and techniques, Betty Golphin, SWII, will meet with patient, 30 minutes per week, to offer supportive psychoeducation related to his illness and to develop a realistic discharge plan to a civil hospital with eventual transfer to the community.

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## Method Number: 3.1.3

Method: Utilizing PEM intervention strategies and techniques, Melanie Kain, RN, or assigned nurse, will meet with patient to explain the medication program on the ward, ensure that patient is encouraged to do what is necessary to comply with this program, and assess how successful he is in achieving this objective, over the next 60 days.

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## Method Number: 3.1.4

Method: Utilizing PEM intervention strategies and techniques, over the next 60 days, Dr Kashtan will meet with Mr Saunders 30 minutes per week and provide individual supportive and psychoeducational therapy with a focus on developing a trusting relationship.

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## Method Number: 3.1.5

Method: Utilizing PEM verbal intervention strategies and positive point reinforcement techniques, Andrea Rustin, Sr. SHTA, will meet with Mr. Saunders 15 minutes per week to discuss issues including the ward rules and expectations, provide supportive counseling and provide opportunities to build rapport.

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Objective Number: 3.2 Date Established: 12/22/2003 Status: New Entry Status Date: 12/22/2003

Target Date: 02/22/2004

Objective: Over the next 60 days, Mr. Saunders will identify consequences of substance use as evidenced by his ability to discuss the negative consequences; violating his order of conditions and factors contributing to a relapse.

[Complete only for Treatment Plan Review]  
Summary of Progress:

Rationale for change or continuation of objective/method:

Explain rationale for any objective/method not obviously connected to the identified priority problems for treatment (if applicable):

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Method Number: 3.2.1

Method: Utilizing PEM intervention strategies and techniques, over the next 60 days, L. Breitmaier RN and Robert Watson RA II will encourage and monitor the patient's participation in the Intro to MICA group/meetings with the aim of increasing knowledge of the effects of marijuana and how society views the use of THC as a drug.

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Method Number: 3.2.2

Method: Mr. Saunders will attend MICA and Me Group with Jacque Tesson, SWSI, to increase understanding of the interaction effects of substances of abuse and mental illness 1hr per week.

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Problems and Strengths that are not linked to goals

No problems

No strengths

**Patient's Signature:**

**Date:** / /

**Staff:** 15048 Chavers, Arthur L

**Title:** Treatmnt Team Ld M H

**Date:** 12/22/2003

**Staff Signature:**

**Physician:** 15146 Kashtan, Igor M

**Title:** Psychiatrist 1

**Date:** 12/22/2003

**Physician Signature:**

**Confirmed By:** 15048 Chavers, Arthur L

**Date:** 12/29/2003

**Title :** Treatmnt Team Ld M H